

# Tadley News

Issue 1

**Tadle**  
DENTAL CARE

## Welcome to Tadley news

On behalf of the dental team and staff we would like to extend a warm welcome and invite you to read our first newsletter. We hope that Tadley News will give you an insight into our practice. We believe that being a patient at our practice will present you with the opportunity to access the most progressive dental care within a friendly and professional environment. We pride ourselves on our patient care and attention to detail, providing excellent treatment and customer service. At Tadley Dental Care offer general and cosmetic dentistry.

## New patients are always welcome

As we are increasing our activities we are always delighted to welcome new patients to our practice, we have recently employed new members of staff, including a new dentist, and two therapists/hygienists. If you know anyone you think would benefit from our services please pass on this newsletter to them. You will have the option of being a private, Denplan or NHS patient. If you choose to join Denplan Essentials you will get your initial examination free of charge. If you prefer, you can budget for your dental care via Denplan. Please ask reception for more details. Private costs can also be spread over the course of treatment with final payment being made before the last appointment.



## Visit our Dental Hygienist/Therapist

Regular visits to a hygienist will help maintain good oral hygiene and anticipate any problems before they become too serious. Our hygienists can:

- Remove tartar from your teeth by scaling and polishing
- Treat gum disease
- Teach good oral hygiene techniques to maintain healthy gums
- The therapist can also do fillings under prescription.

We stock a full range of oral health products to use at home. Our hygienists can advise which products are most suitable for your needs.

## New Staff...

We would like to say a big welcome **Sanna** our new dentist and Tracy our new dental therapist/hygienist to the practice

Sanna qualified from the University of Liverpool Dental Hospital with Honours in 2009. She has been working as a dentist in Merseyside gaining experience in both the NHS and Private sector. She is currently completing The Diploma of Membership of the Joint Dental Faculties at The Royal College of Surgeons of England (MJDF RCS Eng).

Alongside Sanna we are pleased to welcome

**Tracy Tang** - Dental Therapist / Hygienist

Tracy qualified at Kings College Hospital, Dental Institute as a Dental Therapist and Hygienist in June 2010 and will be joining Tadley Dental Care from September 2010. Tracy's interest lies in continuing her professional development and skills as a Dental Therapist and Hygienist and in her spare time she enjoys travelling and spending time with friends and family.

**Michele Nevitt** - Dental Therapist / Hygienist

Michelle Joined Tadley Dental Care in October 2009 and is a valued member of the team. She qualified in Oral Hygiene from Liverpool University in 1984 I then returned to Liverpool Dental School some years later to qualify with a Post Graduate Diploma in Dental Therapy.



Quality  
Care...

...though prevention and aesthetic dentistry

## Of All The Things You Wear This Year... Your Smile is Most Important

Tooth whitening is the most successful and simple method of lightening the colour of your teeth. Many people have darker teeth than they would like. Everybody's teeth darken and yellow with age. Tea, coffee, smoking and many other foods form stains which penetrate deep within the tooth and can not simply be brushed or polished away. Many people choose tooth whitening to solve this problem. With tooth whitening it is possible to reverse age and food related to yellowing or permanently, predictably and significantly lighten your smile beyond its natural shade.

### Why would I need my teeth whitened?

There are a number of reasons why you might get your teeth whitened. Everyone is different; and just as our hair and skin colour vary, so do our teeth. Very few people have brilliant-white teeth, and our teeth can also become more discoloured as we get older.

### What does tooth whitening involve?

Professional bleaching is the most common form of tooth whitening. Your dentist will be able to tell you if you are suitable for the treatment, and will supervise it if you are. First the dentist will put a rubber shield or a gel on your gums to protect the soft tissue. They will then apply the whitening product to your teeth, using a specially made tray which fits into your mouth like a gum-shield.

The 'active ingredient' in the product is usually hydrogen peroxide or carbamide peroxide. As the active ingredient is broken down, oxygen gets into the enamel on the teeth and the tooth colour is made lighter.

### How long does this take?

The total treatment can usually be done within three to four weeks. First, you will need two or three visits to the dentist. Your dentist will need to make a mouthguard and will take impressions for this at the first appointment. Once your dentist has started the treatment, you will need to continue the treatment at home. This means regularly applying the whitening product over two to four weeks, for one to two hours at a time.



### Goodbye and Best Wishes to Dr Sarel Jansen Van Vuuren

I would like to thank my patients for their support over the last two and a half years. It has been a privilege to work at Tadley Dental Care and gain your trust and maintain your oral health. I have been offered the opportunity to have my own practice and therefore it is time for me to say goodbye and hand you over to a new dentist, Sanna. I trust you will give her the same support you gave me and wish you all the best for the future.

### Practice Information

#### Parking

We have off street parking at the practice

#### Opening Times

Monday - Friday: 8.30am - 5.00pm

We will endeavour to see patients in pain on the same day.

## Sizzling Summer Offer 2 for 1 Tooth Whitening!

Have both arches whitened for the price of whitening one arch ONLY £275.00 For a limited period only. Book a consultation today and have a brighter whiter smile for summer.



**Tadle**  
DENTAL CARE

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