



Our principals would like to welcome you to our summer edition!

We hope this newsletter gives you an insight into what we have to offer at our practice and what has been happening since our last update.

As you may know, each year we carry out a patient satisfaction survey and we are very thankful for everyone that took part in our last one and for all the valuable comments.

We will be carrying out a new one in the next couple of months and would appreciate your participation. We are really looking forward to hearing how you feel we are doing and ways we can improve.



At Tadley Dental Care we are committed to patient-centred dentistry and the maintaining of good oral health for all. As healthcare professionals, we are working to keep our knowledge and skills up to date with current thinking and practice. To this end, we try to help by running regular in-house training sessions on various topics. In 2016 we have covered Cross Infection Control, COSHH and Legionella, Safeguarding, Mental Capacity and Fire Safety. In November we will be holding our regular Medical Emergencies and CPR course. This is, of course, in addition to our normal continuing professional development and pursuing our own personal dental interests. Since our last edition, our two trainee nurses, Sam and Beth, successfully qualified and are now Registered dental nurses with the GDC. We are proud of them for their commitment and hard work!



Dr Anish Patel visited Geoffrey Field Infant school in March. He delivered a short presentation to over 100 children who were very eager and enthusiastic to learn about healthy diet and oral hygiene.



NOW FOR AN UPDATE FROM DR LENA BHUDIA

"I am happy to announce the arrival of my third child at the beginning of May! I shall be on maternity leave from May 2016 until February 2017. During my leave my trusted colleagues at Tadley Dental Care shall continue to look after your oral health. I look forward to returning to work and seeing you all next year!"



DR JESSICA LEE WILL ALSO BE ON MATERNITY LEAVE FOR A SHORT WHILE

"I am delighted to announce I am expecting my second child in early June. I shall be returning to Tadley Dental Care in January 2017 and am looking forward to drinking my strong black cups of coffee and seeing you all again."

Quality
Care...

...through prevention and aesthetic dentistry

NEW PATIENTS

We are currently accepting **New NHS and Private Patients at the Practice.** Please phone to book an appointment. We also offer our patients the opportunity to join the Denplan treatment scheme (Membership conditions to be discussed with your dentist).

SUMMER PROMOTION:

We are offering Tooth Whitening home kits at a reduced price of **£199**. This offer will apply up to the end August 2016.

Please call us on **01189 813849** for details.



Before



After

NHS FRIENDS AND FAMILY FEED BACK

Just a reminder about the nationwide NHS Friends and Family feedback scheme. It is an ongoing way of gauging patient opinion. We appreciate you taking the time to fill out the cards and the feedback that you have given, and thank you in advance for continuing to do so. We have received some very positive comments in the past year and we welcome all feedback as a means of highlighting ways we can constantly improve our levels of care and service.

Alternative feedback forms are available for our private patients at the reception desk, and we very much welcome your feedback also. Thank you to all of you who have taken the time to write down your comments.

WHITENING

What is tooth whitening?

Tooth whitening lightens the natural colour of your teeth. It does not change the colour completely, but it can lighten the existing shade. It will not be effective on any types of 'false' teeth such as crowns, veneers and dentures. Fillings already present in your teeth will remain the original colour.

What does the treatment involve?

Firstly, your dentist will need to assess whether you are suitable for professional bleaching treatment. The second stage would be to take impressions of your teeth to make bleaching trays. At your second appointment, the dentist will check that the trays fit properly and will instruct and supervise you on the correct way to apply the bleaching gel into the trays, so you can carry out your treatment confidently at home. The dentist will check and record the shade of your teeth prior to treatment, so the change in colour can be monitored from start to finish.

The 'active ingredient' in the whitening product is hydrogen peroxide or carbamide peroxide.

A final review appointment will be made for you to check on your progress and the change in colour shading will be noted at that point.

How long does the treatment take?

The treatment usually takes between two to four weeks, daily applying the whitening product. The hydrogen peroxide gel will need to be applied at least twice a day for 30-45minutes, whilst carbamide peroxide is used for 2 hours at a time or overnight.

How long will it last?

The effects of whitening may vary from person to person but generally last one to two years. The effect is best maintained if you refrain from food or drink products that stain your teeth or from smoking. You can ask your dental team for advice about this.

Any side effects?

Some patients may experience increased sensitivity to cold after the treatment. Some may experience discomfort in the gums or white patches on the gum line. Such symptoms should disappear within a few days after treatment has finished.

Please contact your dentist if any of these symptoms persist.



PRACTICE INFORMATION

Parking

We have off street parking at the practice

Opening Times

Mon - Fri: 8.30am - 5.30pm

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